

## QUESTIONNAIRE - Is Castlegar an Age-Friendly Community?

If you are 55+, please give us your thoughts: positive experiences, negative experiences, and ideas for improvements. Please feel free to add additional pages if need be.

**If you need assistance in filling it out**, or would like to provide your input over the **phone** or **online**, please contact **Sandi McCreight: 250.365.7678, castlegarcrn@hotmail.com.**

**Completed questionnaires** can be dropped off at the Seniors Centre, Castlegar Community Services, HEALTH CENTRE? or collect by groups and call for pickup.

**Circle your answers**

Please circle your answers and feel free to add any additional comments at the end of the form.

Thank you.

### General

1. What is it like to live in Castlegar as an older person? Poor Fair Average Good Excellent
2. What is it like to step outside of your home to go for a walk, run errands, or visit?

|                             |      |      |         |      |           |
|-----------------------------|------|------|---------|------|-----------|
| Public offices and stores   | Poor | Fair | Average | Good | Excellent |
| Stairs, doors, lift devices | Poor | Fair | Average | Good | Excellent |
| Lighting, signage           | Poor | Fair | Average | Good | Excellent |
| Public toilets, rest areas  | Poor | Fair | Average | Good | Excellent |
3. What is it like to use public or community transportation services in Castlegar?

|   |      |      |         |      |           |
|---|------|------|---------|------|-----------|
| Affordable  | Poor | Fair | Average | Good | Excellent |
| Accessible  | Poor | Fair | Average | Good | Excellent |
| Safe  | Poor | Fair | Average | Good | Excellent |
| Frequency   | Poor | Fair | Average | Good | Excellent |
| Waiting areas/stops<br>(benches, lighting, protected) | Poor | Fair | Average | Good | Excellent |
4. What is it like to get around in the community?

|                                       |      |      |         |      |           |
|---------------------------------------|------|------|---------|------|-----------|
| Legible street signs, street numbers  | Poor | Fair | Average | Good | Excellent |
| Lighting, parking, accessible parking | Poor | Fair | Average | Good | Excellent |
| Drop off/pick up areas                | Poor | Fair | Average | Good | Excellent |
| Driver refresher courses              | Poor | Fair | Average | Good | Excellent |
| Snow removal, sidewalks               | Poor | Fair | Average | Good | Excellent |

## Housing

5. What are living accommodations like in Castlegar?

For your situation now

|                       |      |      |         |      |           |
|-----------------------|------|------|---------|------|-----------|
| Cost                  | Poor | Fair | Average | Good | Excellent |
| Comfort               | Poor | Fair | Average | Good | Excellent |
| Safe                  | Poor | Fair | Average | Good | Excellent |
| Proximity to services | Poor | Fair | Average | Good | Excellent |

Comments on what happens if your needs change?

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6. Consider your mobility and independence in your home.

|  |     |    |           |
|--|-----|----|-----------|
| Can you move about easily?                     | Yes | No | Sometimes |
| Reach and store things easily?                 | Yes | No | Sometimes |
| Do housework and chores?                       | Yes | No | Sometimes |
| If not, do you have someone that can help you? | Yes | No | Sometimes |

## Respect and Social Inclusion

7. In what ways does your community show, or not show, respect for you as an older person? \_\_\_\_\_

8. In what ways does your community include, or not include, you as an older person in activities and events?

|   |     |    |           |
|---|-----|----|-----------|
| Polite, listen, helpful                                 | Yes | No | Sometimes |
| Consultation: asked for your input                      | Yes | No | Sometimes |
| Choices offered (for both disabled and non-disabled)    | Yes | No | Sometimes |
| Public recognition of the contributions of older people | Yes | No | Sometimes |
| Responsiveness to needs in services and programs        | Yes | No | Sometimes |
| Intergenerational activities                            | Yes | No | Sometimes |

## Social Participation

9. Opportunities for you to socialize in your community? Poor Fair Average Good Excellent

Tell us about your participation in other activities, like education, culture, recreation, or spiritual activities. (Are they affordable, accessible, frequent, convenient location, convenient times, offer choices, interesting?)

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## Communication and Information

What is your experience getting the information you need in your community, for example, about services or events? This can be information you get by telephone, radio, TV, in print, online or in person.

|                                     |      |      |         |      |           |
|-------------------------------------|------|------|---------|------|-----------|
| Accessible                          | Poor | Fair | Average | Good | Excellent |
| Useful                              | Poor | Fair | Average | Good | Excellent |
| Timely                              | Poor | Fair | Average | Good | Excellent |
| Easy to understand                  | Poor | Fair | Average | Good | Excellent |
| Difficulties with automated systems | Poor | Fair | Average | Good | Excellent |
| Print format and size               | Poor | Fair | Average | Good | Excellent |

## Community participation and employment and volunteer work.

10. Are you or would you like to be involved in public community affairs like community associations or municipal councils?      Involved      Interested

11. Regarding employment and volunteering...

|   |      |      |         |      |           |
|---|------|------|---------|------|-----------|
| Available opportunities                   | Poor | Fair | Average | Good | Excellent |
| Information about opportunities           | Poor | Fair | Average | Good | Excellent |
| Recognition provided                      | Poor | Fair | Average | Good | Excellent |
| Paid work available for older adults,     | Poor | Fair | Average | Good | Excellent |
| Adjustment to older people's abilities    | Poor | Fair | Average | Good | Excellent |
| Adjustments to older persons' preferences | Poor | Fair | Average | Good | Excellent |

12. Are there now or can you think of any ways used to motivate older persons' participation in community and/or employment (paid or volunteer)?

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## Community Support and Health Services

13. Health and social services in the community.      Poor      Fair      Average      Good      Excellent
14. Are they responsive to the needs of older people?      Poor      Fair      Average      Good      Excellent
15. Adequate types of services available?      Poor      Fair      Average      Good      Excellent
16. Are they accessible?      Poor      Fair      Average      Good      Excellent

