

Are you an older adult?

You are Invited!

To SENIORS CONNECT CAFÉ



Drop in for a **Free** cup of coffee or tea or just to say Hello!

We will offer you a :

- ⇒ A comfortable and relaxed atmosphere where you can meet new people, make new friends, share your expertise, passions, ambitions, skills, and ideas.
- ⇒ A facilitator and a resource person will be available to help you learn about the resources, the services, the activities, the support groups and the volunteering opportunities in Chilliwack !

You can join us anytime between 10 am and 12 pm

The 2nd Thursday of the month, beginning June 14th

The White Spot located at: 45373 Luckakuck Way, Chilliwack

The 1st Thursday of the month, beginning July 5th

Friendly Banners located at: 45966 Yale Rd, Chilliwack

Sponsored by:



Hosted by :



For further information contact Connie, at 604-798-2023 or neighbourhealth@gmail.com