



### Local Community Contact List (Template)

Name of CRN/Community: Renfrew Collingwood CRN

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 (Name) (Phone) (Email)

Where there are no local services, list the closest community that has services available under "NOTES".  
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EMERGENCY NUMBERS		
SERVICE	CONTACT NUMBER	NOTES
Police, Fire and Ambulance	911	
Police Non-Emergency	(604) 717-3321	Including Prank/ Disturbing calls etc
Crisis Line	604-872-3311	
Poison Control	1 800-567-8911	
Mental Health Support (BC-wide)	310-6789	
Seniors Distress Line	604-872-1234	
Online Distress Services		<a href="http://www.crisiscentrechat.ca">www.crisiscentrechat.ca</a>
ADULT ABUSE SERVICES		
SERVICE	CONTACT NUMBER	NOTES
Health Authority contact(s) – for reporting abuse Re:Act	604-904-6173	See regional resources list for each CRN
VPD Victim Services	604-717-2737	
Community- based Victim Services	604-254-9626	Multicultural Victim Services

Community Living BC	604-664-0101 1-877-660-2522	
Transition House (s)	211	BC211 for comprehensive information and vacancies
Emergency Shelter (s)	211	BC211 for comprehensive information and vacancies
Seniors First – SAIL (Seniors Abuse and Information Line) – for information about abuse and for emotional support	604-437-1940 1-866-437-1940	Formerly BCCEAS
Victim Link	1-800-563-0808	
bc211	211	
LGBTQ Contact Qmunity	(604) 684-5037	ext. 110 for seniors ext. 100 for general inquiries
<b>INFORMATION AND REFERRAL</b>		
(Local services – often grouped in one multi-service agency – listed below)		
<b>SERVICE</b>	<b>CONTACT NUMBER</b>	<b>NOTES</b>
Seniors Outreach		
Community Services		
Geriatric and Other programs for Seniors		
Problem Gambling Helpline	1-888-795-6111	
Alcohol and Drug Referral		<a href="http://www.vch.ca/your-care/mental-health-substance-use/substance-use-services">http://www.vch.ca/your-care/mental-health-substance-use/substance-use-services</a>
Veterans Affairs Canada	1-866-522-2122	
<b>HEALTH/MENTAL HEALTH</b>		
<b>SERVICE</b>	<b>CONTACT NUMBER</b>	<b>NOTES</b>

Mental Health/Geriatric Outreach	604-875-8289	Mental Health Intake Line
		Community Mental Health
	604.873.0103	Mood Disorders Association of BC
Providence Health	604-874-7307	24 hour Crisis Line
Mental Health Emergency Services	(604) 874-7307	
Mental Health and Addiction Services	(604) 875-8289	
Home and Community Health	(604) 872-2511	Evergreen Community Health Centre
Adult Day programs	(604) 430-1441 604-327-9525	Renfrew Collingwood Seniors Society Care BC Family Respite Centre
Hospital	(604) 682-2344 (604) 875-4111 604) 874-1141 (604) 434 4211	St. Paul's Hospital Vancouver General Hospital Mt. Saint Joseph's Hospital Burnaby Hospital
MSP and PharmaCare	604-683-7151 1-800-663-7100	Vancouver Toll Free
BC Nurse/Pharmacist Line	811	
Assisted Living Registry	1-866-714-3378	
Online Medical Support - Medeo	1-888-297-2973	
Canadian Mental Health Association	(604) 688-3234	Downtown Vancouver
<b>HOUSING</b>		
<b>SERVICE</b>	<b>CONTACT NUMBER</b>	<b>NOTES</b>
BC Housing	604-433-1711 1-866-465-6873	Vancouver Toll Free
Home Adaptations for Independence	1-800-257-7756	

Advocacy and Appeals re Housing		
	604- 660-0314	Adrian Dix MLA Constituency Office
Tenant Resource & Advisory Centre	604-255-0546	
Independent Living	604 434 7211	Three Links Care Society
	604 684 3515	Brightside Community Homes Foundation
<b>HOME SUPPORT</b>		
<b>SERVICE</b>	<b>CONTACT NUMBER</b>	<b>NOTES</b>
Renfrew Collingwood Better at Home	604 435 0375	Light House Cleaning Seniors Shuttle Yard Work Friendly Visits Walking Club
Grocery Shopping	604 435 0375	BAH Seniors Shuttle
Home repairs and Maintenance		
Peer Counselling	604-267-1555	Jewish Seniors Alliance
Friendly Visitors	604-267-1555 604 435 0375	Jewish Seniors Alliance Renfrew Collingwood Better at Home
<b>TRANSPORTATION</b>		
<b>SERVICE</b>	<b>CONTACT NUMBER</b>	<b>NOTES</b>
Handy Dart/Taxi Saver/Handy Card	778-452-2860	
Travel Assistance Program	1 800-661-2668	Medical transportation
Bus Pass Program	1 866-866-0800	Seniors' Subsidized Pass
Yellow Cab	604-681-1111	
Vancouver Taxi	604-871-1111	
Parking Permit (person with disability)	604-718-7744	SPARC BC
Translink Trip Planner	604-953-3333	Lower Mainland

Seniors Shuttle	604 435 0375	Better at Home
Volunteer Drivers	604 435 0323	Seniors on the Move
<b>LEGAL</b>		
<b>SERVICE</b>	<b>CONTACT NUMBER</b>	<b>NOTES</b>
Seniors First BC	604-688-1927	Office
Seniors Abuse and Information Line (SAIL)	604-437-1940	Victim Services and legal support
Community Legal Assistance Society – CLAS	604-685-3425	
Legal Aid	604-408-2172	
Justice Access Centre	604-660-2084	
NIDUS – Representation Agreements	604-408-7414	
Public Guardian and Trustee	604-660-4444	
Peoples Law School	604-331-5400	
Lawyer Referral Services	604-687-3221	
Access Pro Bono Legal Services	604-878-7400	
UBC Law Students Legal Advice Program	604-822-5791	
<b>SUPPORT GROUPS</b>		
<b>SERVICE</b>	<b>CONTACT NUMBER</b>	<b>NOTES</b>
Dementia Help Line	604-681-8651	
AA	604- 434-3933	<a href="http://www.vancouveraa.ca">www.vancouveraa.ca</a>
NA	604- 873-1018	
Al-Anon	604- 688-1716	
Nar-Anon	604- 878-8844	
Alzheimer Society of BC	604- 681-6530	
Caregiver support groups	604- 430-1441	
MS Society	604- 689-3144	
Arthritis	604- 714-5550	
Diabetes	604-732-1331	
Deaf and Hard of Hearing	604-736-7391	

CNIB	604-431-2121	Post Vision Loss Rehabilitation
<b>FIRST NATIONS/INDIGENOUS SERVICES</b>		
<b>SERVICE</b>	<b>CONTACT NUMBER</b>	<b>NOTES</b>
Friendship Centre	604- 251-4844	
Band Office		
MétisServices	604-682-2933	
First Nations Health Authority	604-693-6500	
<b>IMMIGRANT SERVICES</b>		
<b>SERVICE</b>	<b>CONTACT NUMBER</b>	<b>NOTES</b>
Health and Seniors Information Line	1 800-465-4911	Lower Mainland
Immigrant Services	604-684-2561	I.S.S. of BC
Settlement Services	604-254-9626 604 435 0323	MOSAIC Collingwood Neighbourhood House
Translation & Interpretation Services	604-254-9626	
LINC Classes	604 435 0323  604- 684-9626	Collingwood Neighbourhood House MOSAIC
<b>MUNICIPAL SERVICES</b>		
<b>SERVICE</b>	<b>CONTACT NUMBER</b>	<b>NOTES</b>
Parks and Recreation - facilities	604 257 8388  604 436 0323	Renfrew Park Community Centre Collingwood Neighbourhood House

Parks and Recreation - programs	604 257 8388 604 436 0323	Renfrew Park Community Centre Collingwood Neighbourhood House
<a href="#">Libraries</a>	<a href="#">(604) 665-3953</a> <a href="#">604 257 8705</a>	VPL Collingwood Branch VPL Renfrew Branch
<b>INCOME AND BENEFITS</b>		
<b>SERVICE</b>	<b>CONTACT NUMBER</b>	<b>NOTES</b>
CPP, OAS, GIS	1 800-277-9914	Service Canada
Employment and Income Assistance	1-800-206-7218	Service BC
Community Volunteer Income Tax Prep.	(604) 684-8171 604 435 0323	411 Seniors Services Collingwood Neighbourhood House
<b>DEATH, DYING AND GRIEF SERVICES</b>		
<b>SERVICE</b>	<b>CONTACT NUMBER</b>	<b>NOTES</b>
Hospice	(604) 737-7305	Vancouver Hospice Society
	(604) 606-0380	Bloom Group May's Place
Grief Counselling	(604) 738-9950	BC Bereavement Helpline (Information & Referral)
	604.873.5013	Living Through Loss Counselling Society

<b>FOOD PROGRAMS</b>		
<b>SERVICE</b>	<b>CONTACT NUMBER</b>	<b>NOTES</b>
Greater Vancouver Foodbank	604-876-3601	
Grocery Delivery	604-709-6402	Safeway Shop by Phone
Meals on Wheels	604-732-7638	Care BC
Better Meals	604-299-1877	
Renfrew Collingwood Food Security Institute	604-435- 0323	
CNH Seniors Community Lunches	604-435 0375	Tuesday and Thursdays 12pm
<b>GOVERNMENT REPRESENTATIVES</b>		
<b>SERVICE</b>	<b>CONTACT NUMBER</b>	<b>NOTES</b>
Adrian Dix	(604) 660-0314	MLA
Don Davies	(604) 775-6263	MP
Service Canada	1-800-622-6332	

*add rows or use the back of the page if needed to create a complete list for your community.*