



Local Community Contact List (Template)

Name of CRN/Community: Sea to Sky (Squamish Whistler Pemberton)

Date Submitted/Updated: July 17 2019

Submitted By: Chaelyn Falconer 778-990-4030 seatoskycrn@gmail.com
 (Name) (Phone) (Email)

Where there are no local services, list the closest community that has services available under "NOTES". Add rows or use the back of the page if needed to create a complete list for your community.

EMERGENCY NUMBERS

SERVICE	CONTACT NUMBER	NOTES
Police, Fire and Ambulance	911	Numbers to call if no 911 service
Crisis Line	1-866-661-3311	24 hour distress/crisis line
Poison Control	604-682-5050	Toll free 1-800-567-8911
Lifeline (or similar service)	604-892-5211	Paid for Service
Howe Sound Womens Centre Crisis Line	1-877-890-5711	Women in crisis

ADULT ABUSE SERVICES

SERVICE	CONTACT NUMBER	NOTES
Health Authority contact(s) – for reporting abuse	Vancouver Coastal Health	See regional resources list for each CRN
Police-based Victim Services	604-892-6141	Jenna.becker@rcmp-grc.gc.ca
Community- based Victim Services		
Community Living BC	604-664-0101/1-877-660-2522 Squamish: 604-892-5796	Local/Vancouver toll free Squamish Community Living-SSCS
Transition House (s)	604-892-5711	Pearls Transition Housing run through HSWC (Howe Sound Womens Centre)
Emergency Shelter (s)	604-815-4984	Squamish Helping Hands Society
BCCEAS – SAIL (Seniors Abuse and Information Line) – for information about abuse and for emotional support	604-437-1940 1-866-437-1940	Toll free
Victim Link	1-800-563-0808	
bc211	211	Lower Mainland only

LBGTQ Contact	604-684-5307 1-800-566-1170	Toll free
Squamish Safe & Sound	604-849-0889	safesoundsquamish@gmail.com

INFORMATION AND REFERRAL

(Local services – often grouped in one multi-service agency – listed below)

SERVICE	CONTACT NUMBER	NOTES
Seniors Outreach	604-892-3110	Nancy Warwick
Community Services	Squamish 604-892-5796 Whistler 604-932-0113 Pemberton 604-894-6101	
Geriatric and Other programs for Seniors	604.848.6898	55 Activity Centre
Problem Gambling Helpline	1-888-795-6111	
Alcohol and Drug Referral	604-815-3008	
Veterans Affairs Canada	1-866-522-2122	

HEALTH/MENTAL HEALTH

SERVICE	CONTACT NUMBER	NOTES
Mental Health/Geriatric Outreach	778-894-3200	VCH- Squamish Mental Health
Mental Health and Addiction Services	Squamish: 604-815-3008 Whistler: 604-698-6455 Pemberton: 604-698-5861	VCH- Mental Health Intake Lines
Home and Community Health	Squamish: 604-892-2293 Whistler: 604-932-4911 Pemberton:604-932-4911	VCH- Public Health
Adult Day programs	604-892-9337	Hilltop House
Hospital	Squamish: 604-892-5211 Whistler: 604-932-4911	
MSP and PharmaCare	604-683-7151 1-800-663-7100	Vancouver Toll Free
BC Nurse/Pharmacist Line	811	
Assisted Living Registry	1-866-714-3378	
Online Medical Support - Medeo	1-888-297-2973	

HOUSING

SERVICE	CONTACT NUMBER	NOTES
BC Housing	604-433-1711 1-866-465-6873	Vancouver Toll Free

Home Adaptations – Canada Mortgage & Housing	1-800-668-2642	
Advocacy and Appeals re Housing	604-389-8069	peter.kabengele@sscs.ca SCS
Homeless Outreach & Prevention Worker	Squamish Office: 604-567-9091 Squamish Cell: 604-848-9605 Whistler/Pemberton Mt Currie: 604 698 9034	Toll Free: 1-877-892-2022
Homeless Prevention Worker For Women only	Squamish: 604-892-5748 Whistler: 604-962-8711	

HOME SUPPORT

SERVICE	CONTACT NUMBER	NOTES
Better at Home	604-892-5796	Sea to Sky Community Services
Grocery Shopping		
Home repairs and Maintenance		Only agencies that provide volunteers who have undergone a criminal record check.
Peer Counselling		
Friendly Visiting		
Home and Community Care	604-815-6859	Alison Quesnel

TRANSPORTATION

SERVICE	CONTACT NUMBER	NOTES
Handy Dart/Taxi Saver/Handy Card	Squamish: <u>604-892-3567</u>	
Health Connections – bus service		
Bus Pass Program	604.892.5217	
Taxi (s)	Squamish Taxi: <u>604-892-3567</u> Howe Sound Taxi: <u>604-892-3567</u> Squamish Yellow Cabs: <u>604-892-3567</u>	Whistler Taxi: 604-938-3333 OR 604-567-1111 Pemberton Taxi: 604-894-1111
Parking Permit (disabled)	1-888-718-7794	SPARC
Translink Trip Planner	604-953-3333	Lower Mainland

LEGAL

SERVICE	CONTACT NUMBER	NOTES
BC CEAS (SAIL)	604-437-1940 1-866-437-1940	Legal Advocacy Program and Elder Law Clinic
Legal Aid	1-866-577-2525	
Family Justice Clinic	1-888-837-1116	
Crown Counsel	1-800-538-9166	
NIDUS – Representation Agreements	1-604-408-7414	
Public Guardian and Trustee	1-604-660-4444	
Peoples Law School	604-331-5400	
Lawyer Referral Services		
Access Pro Bono Legal Services – in person only	1-877-762-6664	
Community Advocacy Services	604-892-5796	604-389-8069 Peter

SUPPORT GROUPS

SERVICE	CONTACT NUMBER	NOTES
Dementia Help Line	604-681-8651	
AA	SQ: 604-815-4089 WH/PEM: 604-389-8069	
NA		Saint John the Divine Anglican Church 1930 Diamond Rd, Squamish, British Columbia V0N 1T0 Wednesday 7:30 pm (19:30) Open Meeting
Alzheimer Society of BC	1-800-667-3742	
Caregiver support groups		https://www.familycaregiversbc.ca/family-caregiver-support-groups/
MS Society	info.bc@mssociety.ca 1-604-689-3144 1-604-689-0377	https://mssociety.ca/division/bc-and-yukon-division
Arthritis	Phone: 604.714.5550 Fax: 604.714.5555 Toll-Free: 1.866.414.7766 info@bc.arthritis.ca	https://arthritis.ca/
Diabetes	1-888-874-9333	https://www.bcdiabetes.ca/
Deaf and Hard of Hearing	604 660-1800	

FIRST NATIONS/INDIGENOUS SERVICES

SERVICE	CONTACT NUMBER	NOTES
Friendship Centre	1-250-256-4146	https://www.slrd.bc.ca/inside-slrd/community-organizations/lillooet-friendship-centre-society
Squamish Band Office	604-980-4553	
Métis Services	1-800-940-1150	https://www.mnbc.ca/
First Nations Health Authority	1-855-550-5454	http://www.fnha.ca/
Indigenous Mental Health and Addictions	604-875-8289	

IMMIGRANT SERVICES

SERVICE	CONTACT NUMBER	NOTES
Health and Seniors Information Line	211	Lower Mainland
Local Immigrant Services	Squamish HotSpot Welcome Centre	https://seatoskycommunity.org/ 604-815-4142
Settlement Services		https://www.welcomebc.ca/Start-Your-Life-in-B-C/First-Few-Days/Find-Settlement-Services
Translation Services	1-888-338-6622	

MUNICIPAL SERVICES

SERVICE	CONTACT NUMBER	NOTES
Brennan Park Recreation Centre-Squamish	604-898-3604	https://squamish.ca/recreation/recreation-programs-activities-and-facilities/recreation-facilities/brennan-park-recreation-centre/
Meadow Parks Recreation Centre-Whistler	604-932-5535	https://www.whistler.ca/culture-recreation/facilities/meadow-park-sports-centre
Pemberton & District Community Centre	604-894-2340	https://www.slrd.bc.ca/recreation-culture/community-facilities/pemberton-area-c-facilities/pemberton-district-community-centre
Squamish Library	604-892-3110	
Whistler Library	604-935-8433	
Pemberton Library	604-894-6916	

INCOME AND BENEFITS

SERVICE	CONTACT NUMBER	NOTES
CPP, OAS, GAIN	1-800-622-6232	Service Canada

Employment and Income Assistance		Service BC
Community Volunteer Income Tax Prep.	Tel: 604-666-9352	Canada Revenue Agency
WorkBC Centre		604-815-4005

DEATH, DYING AND GRIEF SERVICES

SERVICE	CONTACT NUMBER	NOTES
Hospice	604-567-2009	
Grief Counselling	604 892-2400	Squamish Hospice Society

FOOD PROGRAMS

SERVICE	CONTACT NUMBER	NOTES
Food Bank	604-815-4054	squamishfoodbank@gmail.com
Grocery Delivery		
Meal Delivery	604-848-6898	Meals on Wheels

GOVERNMENT REPRESENTATIVES

SERVICE	CONTACT NUMBER	NOTES
Jordan Sturdy	604-922-1153	MLA
Pam Goldsmith-Jones	604-913-2660	MP
Services Canada	1-800-622-6332	
Service BC	604 892-2400	