

Local Community Contact List

Name of CRN/Community: Sunshine Coast

Submitted/Updated: July 31, 2019

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(Name) (Phone) (Email)

Where there are no local services, list the closest community that has services available under "NOTES". Add rows or use the back of the page if needed to create a complete list for your community.

EMERGENCY NUMBERS

| SERVICE | CONTACT NUMBER | NOTES |
|-------------------------------|----------------|-------|
| Police, Fire and Ambulance | 911 | |
| Crisis Line | 1 866 661 3311 | |
| Poison Control | 1 800 567 8911 | |
| Lifeline (or similar service) | 604 885 9501 | |
| Police non emergency | 604 885 2266 | |

ADULT ABUSE SERVICES

| SERVICE | CONTACT NUMBER | NOTES |
|---|--------------------------------|--|
| Health Authority contact(s) – for reporting abuse | 604 741 0726 | See regional resources list for each CRN |
| Police-based Victim Services | 604 885 5554 | |
| Community- based Victim Services | 604 8850322 | |
| Community Living BC | 604-664-0101 1-877-660-2522 | Local Vancouver Toll free |
| Transition House | 604 885 2944 | |
| Emergency Shelter (s) | 604 740 1290 | RainCity Nick Gaskin, Outreach Worker |
| Seniors Firs BCCEAS (formerly SAIL (Seniors Abuse and Information Line) – for information about abuse and for emotional support | 604-437-1940 1-866-437-1940 | Toll free |
| Victim Link | 1-800-563-0808 | |
| bc211 | 211 | |
| LBGTQ Contact | 604-684-5307 1-800-566-1170 | Toll free |
| Women’s Outreach Worker | 604 741 5246 | |

INFORMATION AND REFERRAL

(Local services – often grouped in one multi-service agency – listed below)

| SERVICE | CONTACT NUMBER | NOTES |
|--|----------------|---------------|
| Seniors Outreach | | |
| Community Services | 604 885 5881 | |
| Geriatric and Other programs for Seniors | 604 741 0726 | Home Care VCH |
| Problem Gambling Helpline | 1-888-795-6111 | |
| Alcohol and Drug Referral | 1 800 663 1441 | |
| Veterans Affairs Canada | 1-866-522-2122 | |
| Community Resource Centre | 604 885 4088 | |
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HEALTH/MENTAL HEALTH

| SERVICE | CONTACT NUMBER | NOTES |
|--|--------------------------------|------------------------|
| Mental Health/Geriatric Outreach | | |
| Mental Health and Substance Use Services | 604 885 6101 | |
| Home and Community Health | 604 741 0726 | |
| Adult Day programs | | |
| Hospital | 604 885 2224 | Sechelt Hospital |
| MSP and PharmaCare | 604-683-7151 1-800-663-7100 | Vancouver Toll Free |
| BC Nurse/Pharmacist Line | 811 | |
| Assisted Living Registry | 1-866-714-3378 | |
| Online Medical Support – Medeo | 1-888-297-2973 | |
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HOUSING

| SERVICE | CONTACT NUMBER | NOTES |
|--|--------------------------------|------------------------|
| BC Housing | 604-433-1711 1-866-465-6873 | Vancouver Toll Free |
| Home Adaptations – Canada Mortgage & Housing | 1-800-668-2642 | |
| Advocacy and Appeals re Housing | | |
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HOME SUPPORT

| SERVICE | CONTACT NUMBER | NOTES |
|------------------------------|----------------|---|
| Better at Home | 604 885 2644 | |
| Grocery Shopping | | |
| Home repairs and Maintenance | | Only agencies that provide volunteers who have undergone a criminal record check. |
| Peer Counselling | | |
| Friendly Visiting | 604 741 0726 | |
| Sunshine Care Network | 604 741 1993 | Private – all staff have CRC's |

TRANSPORTATION

| SERVICE | CONTACT NUMBER | NOTES |
|----------------------------------|------------------------------|----------------|
| Handy Dart/Taxi Saver/Handy Card | 604 885 6897 | |
| Health Connections – bus service | | |
| Bus Pass Program | 604 885 6899 | |
| Taxi (s) Sechelt Gibsons | 604 885 3666 604 886 7337 | |
| Parking Permit (disabled) | | |
| Translink Trip Planner | 604-953-3333 | Lower Mainland |
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LEGAL

| SERVICE | CONTACT NUMBER | NOTES |
|---|--------------------------------|--|
| BC CEAS (SAIL) | 604-437-1940 1-866-437-1940 | Legal Advocacy Program and Elder Law Clinic |
| Legal Aid | 1-866-577-2525 | |
| Family Justice Clinic | 1 866 577 2525 | |
| Crown Counsel | 604 740 8970 | |
| NIDUS – Representation Agreements | 1-604-408-7414 | www.nidus.ca resource centre |
| Public Guardian and Trustee | 1-604-660-4444 | |
| Peoples Law School | 604-331-5400 | www.publiclegalled.bc.ca |
| Lawyer Referral Services | 1 800 565 5297 | |
| Access Pro Bono Legal Services – in person only | 1-877-762-6664 | Accessprobono.ca |
| Community Advocacy Services | 604 885 4088 | Community Resource Centre |
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SUPPORT GROUPS

| SERVICE | CONTACT NUMBER | NOTES |
|---|----------------|-----------------------------|
| Dementia Help Line | 604-681-8651 | 885 6101 |
| AA | 604 434 3873 | www.sunshinecoastaa.ca |
| NA | 604 873 1018 | www.bcrna.ca |
| Al-Anon/Alateen Family Groups | 604 885 0101 | 604 886 2252 |
| Nar-Anon | | |
| Alzheimer Society of BC – first link dementia hotline | 1 800 936 6033 | www.alzheimer.ca |
| Caregiver support groups | 604 741 0726 | Home Care |
| MS Society | | www.mssociety.ca |
| Arthritis | 1 800 321 4773 | 1 800 321 1433 604 736 7391 |
| Diabetes | | www.diabetes.ca |
| Deaf and Hard of Hearing | 604 736 7391 | |
| Vision Impairment – White Cane Club | 604 747 4773 | |

FIRST NATIONS/INDIGENOUS SERVICES

| SERVICE | CONTACT NUMBER | NOTES |
|--------------------------------|----------------|-----------------|
| Friendship Centre | | |
| Band Office | 604 885 2273 | Shishalh Nation |
| Métis Services | | |
| First Nations Health Authority | 1 866 913 0033 | |
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IMMIGRANT SERVICES

| SERVICE | CONTACT NUMBER | NOTES |
|-------------------------------------|----------------|-----------------------|
| Health and Seniors Information Line | 211 | |
| Local Immigrant Services | 604 885 5881 | Welcoming Communities |
| Settlement Services | 604 885 5881 | Welcoming Communities |
| Translation Services | | |
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MUNICIPAL SERVICES

| SERVICE | CONTACT NUMBER | NOTES |
|-----------------------------------|-----------------|-------|
| Parks and Recreation - facilities | 604 885 6800 | SCRD |
| Parks and Recreation - programs | 604 885 PLAY | SCRD |
| Library(s) Gibsons | 604 886 2130604 | |
| Sechelt | 604 885 3260 | |
| Roberts Creek | 604 885 9401 | |
| Pender Harbour | 604 883 2983 | |
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INCOME AND BENEFITS

| SERVICE | CONTACT NUMBER | NOTES |
|--------------------------------------|----------------|----------------|
| CPP, OAS, GAIN | 1-800-622-6232 | Service Canada |
| Employment and Income Assistance | 604 885 5187 | Service BC |
| Community Volunteer Income Tax Prep. | 604 741 0726 | |
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DEATH, DYING AND GRIEF SERVICES

| SERVICE | CONTACT NUMBER | NOTES |
|-------------------|----------------|-------|
| Hospice | 604 740 0475 | |
| Grief Counselling | 604 740 0475 | |
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FOOD PROGRAMS

| SERVICE | CONTACT NUMBER | NOTES |
|------------------|----------------|--|
| Food Bank | 604 885 5881 | |
| Grocery Delivery | | Check IGA, Claytons, SuperValu and Independent Grocers websites for delivery |
| Meal Delivery | 604 741 0726 | |
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GOVERNMENT REPRESENTATIVES

| SERVICE | CONTACT NUMBER | NOTES |
|------------------------|----------------|-------|
| Nicholas Simons | 604 741 0792 | MLA |
| Pamela Goldsmith-Jones | 604 913 2660 | MP |
| Services Canada | 1-800-622-6332 | |
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