

If you are an adult who can seek help on your own, these are the numbers to call for information, counselling, problem solving or support:

BC Centre for Elderly Advocacy and Support:
(BCCEAS) 1-866-437-1940

Victim Link: (24hrs daily) 1-800-563-0808

Revelstoke Police - Based Victim Services:
250-837-9260

People In Need (PIN) (24hrs daily)
250-837-6601

Revelstoke Women's Shelter: 250-837-1111

Adult Mental Health: 250-814-2241

Community Connections: 250-837-2920

RCMP 250-837-5255

If you know of an adult who cannot seek help on their own and are concerned that they are being abused or neglected, these are the Designated Responders:

➤ For adults not developmentally- delayed:
Please call: 250- 814-2267

➤ For adults who are developmentally-delayed:
**Please call Community Living BC (CLBC):
250- 837- 6295 or 250- 814- 8943**

**IF AN IMMEDIATE EMERGENCY:
CALL 911**

You have the right to be treated with dignity and respect.

No one deserves to be treated badly.

Everyone has rights!

If you suspect that you, or someone you know, is being mistreated or neglected, information is available

All inquiries will be kept confidential.

The Revelstoke CRN *thanks:*

The Revelstoke Women's Shelter,
BCACRNS, RCMP, IHA, CLBC,
Columbia River Basin Trust,
United Way of North Okanagan &
Columbia Shuswap, Hospital Auxiliary,
Rev. Chamber of Commerce and
The City of Revelstoke

*Brochure produced by the
Revelstoke
Community Response Network (CRN)
250-837-6803 www.bccrns.ca*

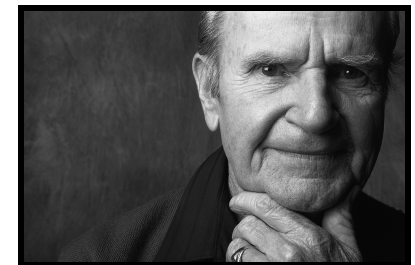
ADULT SAFETY

IT'S A *REAL* ISSUE...

Sometimes the streets where we live can seem frightening and dangerous. That's one kind of safety issue that everyone talks about.

Being unsafe can also mean someone close to you is mistreating you.

If you are feeling unsafe at home or with people who care for you; there is help available.



If your rights are being ignored, you may be experiencing adult abuse.

YOU HAVE THE RIGHT TO:

- ✓ Be treated with respect!
- ✓ The basic requirements of life: food, clothing, shelter and contact with other people
- ✓ Protection from Physical, Emotional, Financial and Sexual abuse and from Neglect
- ✓ Information about your civil and legal rights
- ✓ Control your own life and make decisions for yourself
- ✓ Ask for help (when you want) from people you trust so you can decide what is best for you



You are not safe if someone is

- ✗ using your money without your approval
- ✗ keeping your friends or family away from you
- ✗ threatening you or hurting you
- ✗ touching you in ways you don't like
- ✗ not giving you the kind of care you need
- ✗ not giving you your medication when you need it



Maybe they don't even know they're mistreating you. They could be tired, stressed, unaware of the rights of adults and seniors, or just not thinking.

What can you do to stay safe?

- ❖ Be aware of your rights as an adult or a senior.
- ❖ If someone or something makes you uneasy or frightened, talk it over with someone you trust.
- ❖ Maintain your independence and self-sufficiency as long as possible.
- ❖ Know your financial affairs.
- ❖ Do not be taken in by "smooth talkers" even if they are family members.

If you think someone is mistreating you or mistreating someone you know, or if you have any questions about adult or elder abuse; **Please call the numbers on the back of this folder.**

All inquiries will be kept confidential.

